



# “Hallway Heroes” How to Stop Bullying and Cyberbullying in its Tracks



## Seminar Agenda

[www.atiseminars.org](http://www.atiseminars.org)

### **Terrorizing Tactics: Understanding the Bully**

Defining Bullying \* The Statistics \* Bullying Myths \* Identifying Bullies \* Types of Bullying and Cyberbullying \* Cyberbullying \* Girls who are Bullies and Cyberbullies \* Conduct Disorder \* How Bullying Starts \* The Bully Cycle \* Inaction and Mistakes

### **The Silent Screamer: Help for the Victim**

Victimizations \* Warning Signs \* Two Types of Victims \* Once a Victim, Does Not Mean Always a Victim \* The ABC's of Support for Victims \* What Should You Do for In Person Bullying \* What to Teach Students to Do

### **Powerful Strategies for Bullies, Victims, and Bystanders**

The Basics of Implementation of the “Hallway Heroes” Program \* Step by Step Approach \* Class Discussions \* Strategies and Interventions \* My Statement of Responsibility \* What Educators Need to Do \* The CARE Formula \* Nuts & Bolts of Successful Bully-Proof Programs \* Reporting Threats is Not Tattling

### **Additional Forms and Information for Implementing Your Program**

Is There a Bully in Your Classroom? \* Are You a Bully? \* Contracts \* School Checklist \* Parent Questionnaire \* Empathy \* Feelings \* 10 Ways to Reduce Bullying and Cyberbullying \* 3 Important Rules \* Assertiveness Training

### **5 Effective Keys to Bully Proof Your Class and School**

The Bully-Proof Plan \* Olweus Bullying Prevention \* The Whole School Response Program \* The Quit It! Program \* Get Bystanders Involved \* Get Parents Involved \* My Child Attends a Bully-Free School \* Anger Management Training \* Certificate of Self-Control \* Interventions – Angry and Aggressive Students \* 3 Step Approach to Self Control \* Conflict Resolution Training \* Script for Peer Mediation \* Conflict Form \* Peace Contract \* Social Skills Training \* The Respectful Compliment Game \* Strategies for Mean Girls

**Call today to bring this program to your school or district.**

**1-800-374-2291**