



Super-Duper Success Strategies for Teaching Children

Use these super duper awesome strategies to create the best relationships with even the toughest children * The secret key to winning over all children * The power of boundaries and the number one boundary that works best

Are These Kids OK? -

Must-Know Facts about Child Development

Learn developmental stages for different age groups * Great tools to identify children with special needs including gifted and talented * Red flags in children who are developmentally-delayed * Steps to take if you suspect a child has special needs

Top-Notch Strategies for Children with ADHD

Must-knows about ADHD * Easy to use no-fail solutions for children who can't sit still * Attention grabbers * Strategies that work for hyperactive children * Top ways to help children focus

Lost Childhoods: Help is On The Way for Stressed Children

Give children the expert help they need in this fast-paced,high-tech world. Children are missing some important developmental mile stones. Get the answers you need to help children regardless of what is happening at home • Help children handle stress and worry • Sure-fire ways to help children be playful, have fun, and be respectful all at the same time

Coping with Anxiety Disorders in Children

Anxiety disorders are the #1 health problem in America * Learn how to recognize symptoms and what to do about it * Adjustment disorders * Selective mutism--kids who won't talk * Help you need for children to deal with their stress, anxiety, fear, clinginess, and shyness

Spotlight on Social Studies for Young Children

Fun social studies activities for your classroom * Great ways to help children become more aware of themselves, their school families, and the community *The Daily Calendar * Pet care * Examples of teachers and children engaged in social studies

The Bully-Free and Mean-Free Classroom

Power-packed ways to prevent bullying, teasing, and behaviors like hitting, pushing and taking things from others * Strategies to replace negative behaviors with kindness, cooperation and friendship * Great classroom activities, games, songs, chants and role plays that work to teach children better ways to treat others

Character Builders, How To Teach Values, and Respect

How to teach children values and character builders they need for success in life * Respect * Self-Control * Empathy * Conscience * Kindness * Tolerance * Fairness * Truthfulness * Honesty



Sing, Dance, & Play Problems Away

Awesome session filled with fun and singing • Sing, stretch, and dance the way to a successful day • Great strategies for using music and movement to solve common child care problems • Great ways to use music and movement to add cheer throughout the day • Ease transitions • Arrivals • Mealtime • Circle time • Naptime • Outdoor play • Learning fun

8 Winning Ways to Be Smart! Fun with Multiple Intelligences

Help children discover their strengths, abilities, learning preferences and foster self-confidence all at the same time. There are many ways to be smart. Powerful ways to help children use their multiple intelligences • Enhance “ Word Smarts” • “Number Smarts” • “People Smarts” • “Music Smarts” • “Nature Smarts” • “Picture Smarts” • “Body Smarts” • “Self Smarts”

Literacy & Dramatic Play

Dynamic ways to make stories come alive • How to read so children listen and have fun • Great ways to get children actively engaged with books • Send a fun “casting call ”for child actors & actresses and turn books into dramatic play • Awesome ways to have children become little authors and create their own books

Fun, Fun, and More Fun with Literacy

Awesome creative literacy activities * Fun with books * Creative ways to make storytelling more fun and memorizing * Letter recognition * Beginning sound exercises * Writing centers * Vocabulary builders

Goldmine of Ideas to Enhance Playtime

Great ways to enrich playtime * The different types of play and what they teach children that you need to know * Creative ways to promote exploration & discovery * Best interactive toys for children on the market today!

“Sense-ational” Curriculum Ideas

Sparkle up your curriculum using the “5 senses” • Fun games and activities • Sensory bottles • Feely bags • Talking tubes • Building sensory vocabulary • Must-knows about the “Sensory Diet” • Great calming activities for over stimulated children • Fun poems you can immediately use to children about the 5 senses

Rockin’ & Rollin’ Circle Times with the Appelbaums

Circle time fun! Exciting and engaging great games and activities * Rock and roll songs and fingerplays * Great video clips of the Appelbaums and children doing circle activities

Say Less and Get More “COOPERATION!”

Great communication strategies to help you get cooperation the first time! Blueprint for success in communicating effectively with children • Learn the “Top 10” teacher talk traps and how to avoid them • Powerful skills to make your work with children easier and more effective



“Beware, I bite, hit, & talkback!!” Bonanza of Discipline Solutions

Discipline challenges can create classroom chaos • Receive the solutions you need to end discipline dilemmas • End back talk once and for all • Calm the “crankies” • Learn to be a tantrum terminator • Expert advice on biting and hitting • Become a pro at handling anger, defiance, & attention-getting behaviors • Stop problems before they start and bring out the best in children • How to keep your cool in heated situations

The Top Ten Child Care Problems and How to Fix Them

Sure-fire solutions for battling child care problems * Whining * Meltdowns * Hurting behaviors * Bath-room battles * Mealtime mischief * Naptime blues * Not listening * Power struggles * The screamer * Potty Mouth

Bonanza of Solutions for a Razzle Dazzle Classroom

New uses for inexpensive, everyday items to help you * Simple storage solutions * No more missing puzzle pieces * Snack time problem solver * How to Make the Most of Your Space

“Get Your Groove On” - Music and Movement Fun

Stupendous ways to get kids singing, dancing to the beat, moving and having fun * Funky versions of favorite child care tunes * Entertainment and exercise at the same time * Fun songs that teach important skills for children

Extreme Fun Makeover “Classroom Style”

Make your classroom better than ever • Seven extraordinary ways to create a wonderful, awesome, great classroom • Best of the best ideas for curriculum and classroom layout arrangements • Great gems of information that will turn the ordinary into the extraordinary • Awesome use of props, puppets, and paraphernalia to add more fun and cheer to your classroom

Centers Galore and Much Much More

Energize and spruce up your centers with sparkle and pizzazz * Great ideas with lots of inexpensive ideas to implement in your child care * How to coordinate your centers so they run smoothly and are the best you’ve ever had

No More Misbehaving ~ Strategies for Hard-to-Handle Tots and Preschoolers

Great strategies that are sure to get you immediate results! Anger • Biting • Bullying • Fighting • Hitting • Meanness • Stealing • Temper Tantrums • Talking Back • Yelling • Great toolkit for handling tough behaviors • Powerful and practical ways for dealing with children’s challenging behaviors

Brain Body Boogie: Fun Ways to Connect the Brain & Body

Children learn through movement • Discover fascinating facts about the brain/body and body/brain relationship • Watch demonstrations of the brain/body connection and how you can use this in your classroom for all ages



Super Duper Curriculum Ideas to Enhance Your Classroom

Add super duper delight to your curriculum with awesome activities in all learning areas • Art delight with oodles of “pretzel” fun with play dough • Literacy fun with books and props to make stories come alive • Dramatic play with “charming” chairs • Table talk fun • Hugging day • Laugh and have more fun with your children with these great curriculum enhancers

Help for the 3 A’s: Autism, Asperger’s & ADHD

More and more children are being diagnosed with Autism, Asperger’s & ADHD • Must-knows for recognizing symptoms in young children • Learn the how-to’s for helping children succeed with practical strategies you can immediately use

“Let’s Talk!” Speech and Language Development in Children

Learn the difference between normally developing speech and language skills from delays and disorders • Red flags in speech of young children • Tips for stimulating and improving language development in children • Use music • Pretend play • Learning centers • Circle activities • Sign Language

Fountains of Joy: Creating Engaged & Enthusiastic Learners

The early years set the tone for creating enthusiasm about learning that can last a lifetime • 5 Must-knows for creating more joy in your classroom • Learn to recognize what supports and what undermines children’s enthusiasm and engagement in learning • Oodles of fun activities

How to Handle Hard-to-Handle Parents

Receive powerful practical strategies for difficult parents • Discover 3 response styles that never work with difficult parents • Receive great methods for effective communication. Learn tools for the “know-it-all,” “complainer,” and “angry parent” • Learn how to go from conflict to cooperation in 5 easy steps and foster successful partnerships with parents

Creating Something from Almost Nothing: Homemade Toys

Stocking up your classroom with developmentally appropriate toys and materials at little or no cost • Save money by transforming ordinary items into extraordinary toys • Create one of a kind, intriguing toys that help kids learn • Look at the objects around you in a whole new way

Tough Kids - Mean Girls, Mean Boys, Bullies & Whiners

Winning ways to deal with the toughest misbehaviors • Tools for everything from crocodile tears to aggression • Handle kids who are kings and queens of drama • Bullies • Mean girls • Mean boys • How to manage behavior like a pro • Tools for hitting • Talking back • Whining • Walk away with a toolkit of ideas you can immediately implement

25 Awesome Brain Games to Promote Learning

Simple & fun activities to build problem-solving and thinking skills • Help develop imagination & creativity • The Hilarious Hippopotamus Game • Salt & Pepper • Ballooney • The Animal Walk • Whatchamacallit • Tippy Tap • Entertaining educational brain activities



Failure to Launch–Help All Kids Succeed

Make a difference today for how kids learn in the future • Five dangers in society that make kids unmotivated and how to overcome them • Powerful effective ways to reverse this trend that you can implement right away in your child care & prepare the way for brighter futures for children

10 Frustrating Things Kids Say & How to Respond

Great ways to handle the frustrating things kids say • Appropriate responses for “No!” “You are mean.” “I hate you!” “My mommy lets me do it at home.” “I’m going to tell my mommy.” “You like him better than me.” “Why should I?” “You can’t make me” “I want that now!” and “I don’t want to!” • Simple strategies for responding to these every day headaches

Skyrocket Healthy Kids – Eating, Fun, & Fitness

Get children on the right track • Success strategies for promoting healthy eating • Great activities for exercise & physical fitness • Easy recipes & edible activities • Pinwheel sandwiches • Veggie bundles • Banana Boats • Fun food facts to share with children • Chants, action songs, and fingerplays simple steps to tame tension • How to face challenges both in and out of child care • Learn how to build up your emotional strength & enjoy life more • Look and feel younger • Transform stress into vibrancy and strength

“Will You Be My Friend?” – Social Skills for Children

Learning how to make and keep friends is a powerful social skill • Learn awesome ways to teach children to build long-lasting and meaningful relationships • Teach manners, courtesy, respect for others • Great songs and activities that promote friendships • Great ways to teach social skills

For your planning, usually each topic is from 1-2 hours of time for the above topics on these 5 pages

Call **1-800-374-2291** to schedule your training today!

